PARISH OFFICE: Next to the church 165 Serpentine Rd, Terrigal PO Box 4, Terrigal NSW 2260

Phone: (02) 4367 4610 email: starsea@bigpond.net.au

Website: www.bbcatholic.org.au/terrigal

www.facebook.com/ OLSOSParish

Office Hours: Monday - Friday 9.00am - 5.00pm

Parish Priest: Fr Vince Casey vince.casey@bbcatholic.org.au

Pastoral Associate / Parish Secretary: Mrs Janette Merrotsy 0421416555

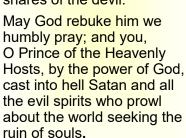
Assistant Parish Secretary: Mrs Nellie Sheridan

Our Lady Star of the Sea Primary School. Principal: John Barton Ph: (02) 4365 6229 email: olss@dbb.catholic.edu.au

Early Learning Centre. Co-ordinator: Bronwyn Maley Ph: (02) 4365 3222

Prayer to St Michael

St Michael the Archangel, defend us in battle; be our safeguard against the wickedness and snares of the devil.



Amen



OUR LADY STAR OF THE SEA TERRIGAL

We love one another so that all may have a sense of belonging; desire a relationship with God; and want to share the Good News with others.



5th February 2023

5th Sunday in Ordinary Time

Entrance Antiphon:	O come , let us worship God and bow low before the God who made us, for he is the Lord our God.			
1st Reading:	Isaiah 58:7-10			
Psalm:	A light rises in the darkness for the upright.			
2nd Reading:	St Paul to Corinthians 2:1-5			
Gospel Acclamation:	Alleluia, alleluia! I am the light of the world, says the Lord; The man who follows me will have the light of life. Alleluia!			
Gospel:	Matthew 5:13-16			
Communion Antiphon: Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.				
Next Week's Readings: Sixth Sunday in Ordinary Time - Year A				
1st Reading: Psalm: 2nd Reading Gospel:	Sirach 15:15-20 Happy are they who follow the law of the Lord! St Paul to Corinthians 2:6-10 Matthew 5:17-37			
WEEKDAY MASSES THIS WEEK				
Tuesday7Wednesday8Thursday9Friday10Saturday11	7.30 am7.30 am7.30 am7.30am / 9.00am9.00 am9.00 am9.00 am20.00 am2			
WEEKEND MASSES Saturday Vigil 11	▲			
Sunday 12	7.00 am / 8.30am / 10.00am			
Our new website: www.bbcatholic.org.au/terrigal				

Welcome to all our visitors! May you feel at home in our Parish.

PARISH INFORMATION:

Baptisms:

Sunday Mornings at 11.30am by appointment. Enquiries to our Parish Office to enrol.

Annointing of the Sick:

With 9am Mass on the last Friday of the month. Please ring the Parish Office if you have a loved one who is ill or dying.

Reconciliation:

Before and after Saturday 9am Mass (8.30–10am) or phone the Parish Office for an appointment.

Weddings and Funerals:

Enquiries to the Parish Office.



COVID 19:

Keeping everyone safe we ask you to:

Sanitize your hands before entry to and exit from the church.

Where possible, **keep a social distance** of 1.5 metres between people from other family groups.

Masks are encouraged to be worn, especially if you cannot keep a social distance.

Communion on the hand is preferred. If you wish to receive communion on the tongue, please wait to be invited to come forward.

If you are **unwell**, please take care and **stay at home**.

Thank-you to everyone for your care to keep each other safe.

School Opening Mass

 is being celebrated this Thursday at 9am in the Church. All parishioners are welcome to attend.

Donations to the Parish

Donations can be made at each Mass by putting cash in the collection bag; or by using the Tap'n'Go machines at the door of the church; or by giving directly to our parish bank account:

Terrigal Parish BSB: 062 784 Acc: 100001660

Planned giving **envelopes** are at the back of the church; or to arrange for regular (monthly) **credit card** donations please contact the Parish Office.

Thank-you to everyone who has been

2023 – The Year Ahead

The Parish Pastoral Council is working with Fr Vince to develop a program for the 2023 year. The program is designed to better serve parishioners and more effectively utilise our resources to fulfil the role of the Parish to preach the message of Our Saviour, Jesus Christ.

Up until now there have been no services on Mondays. Now, commencing Monday 20th February, there will be a service of Holy Communion every Monday at 7:30am. Commencing the following day, Tuesday 21st February and every Tuesday thereafter there will also be a Holy Communion service commencing at 7:30am.

Our appreciation to a number of Eucharistic ministers who have agreed to go on a roster for Mondays and Tuesdays. Mass will continue to be celebrated on all other weekdays at the usual times.

The Bishop has announced that he will soon be ready to start implementing the Central Coast Discernment program.

We anticipate there may be other changes in the life of the Parish as a result of the program and parishioners will be fully informed. One possible change will be the reorganisation of Sunday morning Mass times.

New Kinder Students

Congratulations to the students who began at "big school" during the week. And welcome to the new families to our parish.

Receiving Holy Communion

Fr Vince will invite those who wish to receive Holy Communion on the hand to come forward first. If a communicant does not present his or her hands to receive the host they will be asked to go back to their seat and wait till they are invited to come forward.

When it seems that everyone who wants to receive on the hand has done so, Fr Vince will then invite those who wish to receive Holy Communion on the tongue to come forward.

Those who wish to kneel to receive Holy Communion on the tongue are invited to use the front pew on the right hand side (lectern side) of the church. Our apologies to anyone who regularly sits in this pew.

Thanks everyone for your patience and co-operation.

Fr Vince

Word of God Sunday

The Church in Australia celebrates the Sunday of the Word of God today. Pope Francis established this day, which is devoted to "the celebration,



study and dissemination" of the Word of God.

If you have a bible at home, we encourage you to take it off the shelf and have a **read**. If it is not a good, modern translation, maybe think about purchasing a new, better translation. Some bibles are available for sale in the piety stall. You can also read the bible on-line. See the links below.

In our Parish

Come to a bible study in the parish. We begin a study of St John's Gospel this Wednesday at 6pm in the church. See the bulletin notice.

Or maybe you would like to pray the Gospel for next Sunday prayerfully using the proven method of lectio divina. Join the group in the Parish that meets each Thursday at 10.30am in the Parish Meeting Rooms. See the bulletin notice.

Biblical Documents

There are a number of key documents that outline the importance of Sacred Scripture and the Church's understanding of God's word.

Dei Verbum (1965)

Verbum Domini (2010) Divino Afflante Spiritu (1943) Providentissimus Deus (1893) The Inspiration and Truth of Sacred Scripture (2014) The Interpretation of the Bible in the Church (1993)

Bible Reading Plans

Below are some plans and ideas which offer an opportunity to begin a new habit of reading the Bible.

90-day reading plan - read the whole story of the Bible across 14 books Read the Bible in a year Read the liturgical readings each day Read the liturgical readings each day - using an app An Introduction to each of the books of the Bible can be helpful Lenten Challenge - Read the New Testament in 40 Days

The Diocese of Broken Bay is an associate member of the Catholic Biblical Federation. Some Quick Links include.

NRSV Online Bible [bible.oremus.org] Mass Readings this Week [universalis.com/australia] Commentary on Sunday Readings [theemmausseries.com] **Commentary on Daily Readings** [livingspace.sacredspace.ie] Commentary for Children and Families [loyolapress.com] Weekly Lectio Divina Guide [carmelites.org.au] Weekly Podcast on the Sunday Readings [lankyguys.org] Audio Divina Podcast with Fr Francis Moloney sdb [salesians.org.au/podcast]

Scripture/Lectio Divina

Please come and joins us on Thursday's at **10.30am** in the Parish Rooms, as we look at the upcoming Sunday Gospel readings.

A time to be still and come closer to God through Scripture.

All Parishioners are very welcome to attend.

For more information contact: Bernie 0414 653 146 or Parish Office

Social Justice

Our first Social Justice meeting of the year will be on 9th February at 1pm in the Parish Rooms. Parishioners are invited to come and share their thoughts on caring for the vulnerable. How can we help?

Contact Bernie 0444 653 146

Bible Study and Discussion

Get to know your Bible: The Gospel of St John

- Where: In the Divine Mercy Chapel, on the right-hand side of the church.
- When: Recommencing Wednesday evening the 8th February and every Wednesday after.
- Time: 6pm to 7pm

Bring your Bible with you.

Everyone is welcome to join us at any time. We look forward to seeing you.

For more information ring Elias 0459 220 408

Lenten Studies Program

An opportunity to do something different this year for Lent. Sure, self-sacrifice and denial are good but so is studying the scripture story-but why not try both?

Come along to the study program. Ash Wednesday this year is early, 22nd February. The study program will be held each Friday during Lent at 11am in the Parish Office, commencing Friday 24th February.

Each session lasts only one hour, and, in that time, we prepare ourselves for the following Sunday. We study and prayerfully reflect on the Gospel readings and also other readings which mark the steps leading up to Christ's passion, death and resurrection. It is a journey of faith and discovery.

No need to RSVP. Just come along. Books, prepared by Wollongong Diocese, are available from the Parish Office.

Parish Key Register - if you have a parish key please read !



We are required to have an up-to-date key register and so all those who possess a parish key are asked to please contact the Parish

Office over the next month to confirm that their key is properly registered in their name.

If you do have a key please contact us as a matter of urgency. Those who do not contact us will also be asked to return their key.

Thank you for your assistance in this important security issue.

Fr Vince

Catholic Women's League

Welcome back!



8th February Delegates' meeting 10.30am at Toukley.

20th February Coffee morning at 10.30am at Breakers.

27th February 10.15am for 10.30am start Branch Meeting in Parish Hall.

New members always welcome.

Enquiries: Ruth Robinson: M:0414 434 856

Bequests

In writing your will, where you can and after looking after your family, please also consider our Parish. Suggested wording is:

"I give to the Trustees of the Roman Catholic Church for the Diocese of Broken Bay, (ABN 79 031 652 544) as Trustee for the Catholic Parish of Terrigal in the State of New South Wales for its general purposes, the sum of \$_____

or _____ percent of my estate, or the property at _____, or

(other specific items), free of all duties, taxes and other deductions of whatever kind. I declare that the receipt for the same signed by the Bishop of the Diocese, or other designated officer, shall be sufficient discharge to my Executors and Trustees."

If you would like more information, please contact the Parish Office or go to the diocesan website.

CatholicCare

is here to help and offers a range of services for people in need including emergency relief, financial supports, homelessness and housing assistance, domestic violence support, counselling supports including financial counselling, disability and seniors supports and more. Go to <u>https://</u> <u>tinyurl.com/bd54c5mb</u> or call today on 1800 324 924 or visit <u>www.catholiccaredbb.org.au</u> for more information.

Parish Name Tags

Names tags can be ordered at a subsidized price of **\$10** (normally \$17). It is good to see more and more wearing them. You can choose from safety pin style or magnetic back.

Place order at the Parish Office or the Piety Stall

A wonderful opportunity to more deeply appreciate the Mass and to deepen our faith.

Living the Mass: from life support to supporting life

Fr David Orr, a Benedictine from Arcadia, will be presenting four seminars in the Parish from **3pm to 4.30pm on Saturday 11 and 25 February; and 11 and 25 March.** He described his presentations in the following way:

"We come to Mass as the priestly people of God to do God's work. In these gatherings we shall look at the parts of the Mass so that we can actively participate as the Body of Christ in doing the work of Christ."

To prepare for these sessions you may want to have a look at the <u>General Instruction</u> to the Roman Missal. As a result of these sessions, we would like to have a group of informed parishioners to help us prepare the liturgies to better celebrate the feast days of the church's calendar.

All are welcome.



Catenian Fortnightly Walks

Open invitation to male parishioners to join us on Tuesdays for a 75 minute bush walk in various local areas, followed by lunch. This is a great opportunity to enjoy our beautiful area and get to know fellow Catholic men. Easy to medium grade level.

Forthcoming walks - Tuesday the 14th February.

Contact Chris Hartcher on; christopherhartcher@gmail.com



MARY MAC'S WOY WOY

Terrigal Parish proud to support Thanks to all who have supported

Mary Macs over the last year.

We will continue to collect non perishables for Mary Macs. Items can be left at the Parish Office. They collect fortnightly.

Prayers

During the week I was asked for a prayer for a friend who is dying. There are many good places to go on the internet. One is ten powerful prayers for somone dying.

A prayer from this site (slightly adapted) is:

Prayer for Peaceful Death

Giver of Peace, I intercede for name, asking that You would grant him/her a peaceful death. Give him/her comfort that You will raise him/ her up on the last day. Ease his/her fears of death and free him/her from any pain they might have. Ease his/her concerns for those he/she is leaving behind. May he/she know that his/her help is from You, Maker of heaven and earth. Remind him /her that those who trust in You will live with You forever. Amen.

Congratulations to Pauline Maniskas who was awarded the Medal Order of Australia (OAM) for her outstanding service to the community of the Central Coast.



Memorial Plaques

As you can see the first of the memorial plaques have been placed in the shrine area. The second order is being placed once we have a batch of around thirty. We hope to have the next group ready to place in time for Easter. So please if you are considering for family or friends the forms are at the back of the church.

Enquiries to the parish office.



World Day of the Sick – 11 February 2023

World Day of the Sick falls on Saturday 11 February, and this year's theme is *"Take care of him"* Compassion as a synodal exercise of healing.

In his message for World Day of the Sick 2023, Pope Francis draws on the Parable of the Good Samaritan. He writes: "Sick people, in fact, are at the centre of God's people, and the Church advances together with them as a sign of a humanity in which everyone is precious and no one should be discarded or left behind."

Read Pope Francis' full message here: <u>Message for</u> <u>World Day of the Sick</u>

Further information: World Day of the Sick Website

Book Club

In February we will be discussing Elizabeth Lev's book on how sacramental art saved the faith during the Counter-Reformation.

If these might interest you please join us for the last Friday of each month in the parish offices at 1600. <u>gazbo2@ozemail.com.au</u>

Supporting Parents

The eSafety Commissioner has released resources to support parents with safe and secure tech gifts for children. For further information and resources visit <u>https://www.esafety.gov.au/parents/resources/</u> <u>gift-guide</u>

ST JOSEPH'S CATHOLIC COLLEGE

RUSSELL DRYSDALE ST, EAST GOSFORD

OPEN AFTERNOON: Monday 27 February

SCAN HERE TO REGISTER NOW



Meet our Principal, students and staff and take a guided tour of our college.

sjcc.nsw.edu.au | 02 4324 4022

Joseph House – 2023 Application Now Open

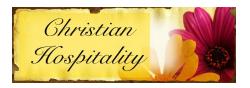
Are you a young man looking for an opportunity to discern your vocation in a supportive, faith-filled community? Joseph House in Willoughby is the perfect place for you!

Joseph House is a house of discernment for men. It offers an exciting living space for Catholic men to explore their call to holiness.

Residents will have the chance to reflect and pray, while also taking part in the world through work and study. With convenient access to church and public transport, Joseph House is the perfect place for young men in the Diocese of Broken Bay to discern their vocation.

This special space has the capacity to accommodate up to six men and features a chapel and various common areas to create community. If you're looking for an opportunity to discover the man that Christ is calling you to be, apply to Joseph House today!

For more information email: josephhouse@bbcatholic.org.au Video Link Apply in the link



MORNING TEA ROSTER Please join us

After 8.30 am Mass

- Group 2 Geraldine Czerkesow & Anne Cogglan - 5.2.23 Group 3 Margaret Brown & Robyn Ayers & Juliette - 12.2.23 Group 4 Lee & Kerry Oliver - 19.2.23 Group 5 Chris Whalan, Viv Ball & Alison Bone - 26.2.23 Group 6 Nancy Carey-Berryman & Susan Connor - 5.3.23 Group 1 Kaye Parker, Wanita Lynch & Robyn Lentini - 12.3.23 After 10.00 am Mass Group 2 Ina Kite, Lyla Cross & Mary Portelli - 5.2.23
- Group 3 Anne Strong, Eileen Dodds & Mary Jones - 12.2.23
- Group 4 Ian & Pat Rimes & Eleonora - 19.2.23
- Group 5 Helen Mooney & Denise 26.2.23
- Group 6 June Carpenter & Carmel Peek - 5.3.23
- Group 1 Joan Kearney, Claudia Hainey & Janette Merrotsy - 12.3.23

It would be ideal to have three people on each of the six teams.



If you would like to help, please contact the Parish Office or speak to Robyn Lentini at 8.30am Mass.

Volunteers are needed

If you are able to assist and work with other parishioners please consider:

- Helping in Children's Liturgy on a roster for ٠ 5pm Saturday evenings.
- Joining a morning tea roster
- Being a catechist ٠
- Church cleaning on a roster NOT the 4 whole church put a small area in your own time in your rostered week.

Some of our generous volunteers are in 2 or 3 mínístríes. Please help share the load if you can. Helping is rewarding by making new friends and a good feeling knowing you are a making a difference in some small or big way.



VOLUNTEERS NEEDED TO HELP LEAD AND ASSIST

Please consider helping to share the Gospel

Children's Liturgy on Saturday Evenings during 5pm Mass Commencing the 4th February 2023 If you would like to join our team please contact: Robyn Lentini - 0414 766 180 or the Parish Office - 43674610

Alpha in a Catholic Context Coaching Day

Alpha is a series of interactive sessions that explore life and the Christian faith in a friendly, open and informal environment.

All Alpha Teams of the Diocese are invited to join this Coaching Day, as well as all who are interested in learning more about how Alpha can play an instrumental role in renewing parish life today within a Catholic context.

Date: Time: Venue:

RSVP:

Saturday 18 February 2023 9:00am – 4:30pm Corpus Christi Parish Hall, 263 Mona Vale Rd, St Ives Tania Rimac, Alpha in a Catholic Presented by: **Context NSW Coordinator** 13 February 2023 to faith.formation@bbcatholic.org.au or Pina Bernard 8379 1627 or 0432 682 239

WYD23 Registration update

The excitement is certainly building as we continue to plan and prepare for WYD23. All places on the FULL pilgrimage have reached capacity.

We have a number of spaces available, for young adults (over 18's) on the **DIRECT** pilgrimage 29 July to 11 August.

Young adults are invited to consider journeying with us, by joining the Direct option, please register your interest by visiting https://bbwyd.org.au/register-forwyd/ to secure your place on the pilgrimage.

Audio-visual upgrade in the Church

Our apologies but this did not happen during the week. One component was not working successfully which has delayed the installation.

ROSTERS FOR SERVERS and EM

Saturday - 5.00pm



Server J Sheridan (EM) L O'Donnell & 4/2/2023 R Zadro 11/2/2023 Server L George (EM) M Perry & L O'Donnell 18/2/2023 Server D Southwell (EM) R Zadro & M Perry) Server P Proust 25/2/2023 (EM) L O'Donnell & M Perry

Sunday - 7.00am

5/2/2023 Server P Clayton (EM) B Brown & M Slattery Server G Justin (EM) M Slatterv 12/2/2023 Server M Slattery (EM) J Sheehan & B Brown 19/2/2023 26/2/2023 Server G Justin (EM) M Slattery

Sunday - 8.30am

5/2/2023 Server P Maniskas (EM) A Bone & R Ayers Server P Quinn 12/2/2023 (EM) R Lentini & R Ayers Server E Bastoli (EM) R Ayers & A Bone 19/2/2023 26/2/2023 Server V & J Duverge (EM) A Bone & R Lentini

Sunday - 10.00am

5/2/2023 Server B Lobo (EM) I Kite & C Addison 15/1/2023 Server P Maniskas (EM) J Merrotsy & C Addison 19/2/2023 Server B Lobo (EM) C Addison & I Kite 26/2/2023 Server P Maniskas (EM) / Kite & J Merrotsy

EM = Eucharistic Minister or correctly Extraordinary Minister of Holy Communion

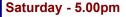
If you wish to be involved in this ministry please contact the Parish Office.

> (2) Dawn Smith (2) Lynch's

> (2) Dawn Smith

(2) Dudley Smith

ROSTERS FOR READERS OF THE WORD



4/2/2023 (1) Goodworth's 11/2/2023 (1) McCudden's (1) Connie Attard 18/2/2023 25/2/2023 (1) McCudden's

Sunday - 7.00am

(1) Helen Arena	(2) Sandrea Petith
(1) B Brown	(2) John Sheehan
(1) Brian McMahon	(2) Robyn Wild
(1) Justine Hayes	(2) Helen Arena
	(1) Helen Arena(1) B Brown(1) Brian McMahon(1) Justine Hayes

Sunday - 8.30am

5/2/2023	(1) Jane Watt	(2) Graham Sproats
12/2/2023	(1) Chris Hartcher	(2) Anne Strong
19/2/2023	(1) Christine Lovatt	(2) Sue Southwell
26/2/2023	(1) Anne Strong	(2) Chris Hartcher

Sunday - 10.00am

12/2/2023 (1) Marie Ellicott (2) June Carlson 19/2/2023 (1) Janette Merrosty (2) Maddie Conroy	5/2/2023	(1) Joan Kearney	(2) Janette Merrosty
19/2/2023 (1) Janette Merrosty (2) Maddie Conrov	12/2/2023	(1) Marie Ellicott	(2) June Carlson
	19/2/2023	(1) Janette Merrosty	(2) Maddie Conroy
26/2/2023 (1) June Carlson (2) Marie Ellicott	26/2/2023	(1) June Carlson	(2) Marie Ellicott

Weekly Cleaning Angels Roster



6 February 2023 Helena Farmer, Carol Clayton, Vicki McGuinness & Gerry Jeltes

12 February 2023 Viv Ball, Ann Vilder, Chris Whalan, Marg Brown & Alison Bone

Prayer Requests

For those who request prayers, we will leave the name in the bulletin for a few weeks, and then will pass the names to our prayer groups.

Recently Deceased

Marjorie Kay Barry Lemme John Young Joseph & Filomena Zammitt Cardinal George Pell Emmanuel & Victoria Sciberras

Anton Vosila Sandra Bastoli John Alfred Wilson

Geoffrey Roberts Lindsay Beasley Graham Willis Pope Benedict

Anníversaríes & Remembrance

John Platek George Boersma Leon Maher Marie Therese Devits David Crowther Heather Maddem

Mario Favetta Sam Attard Pat Freman Helen Sharpe

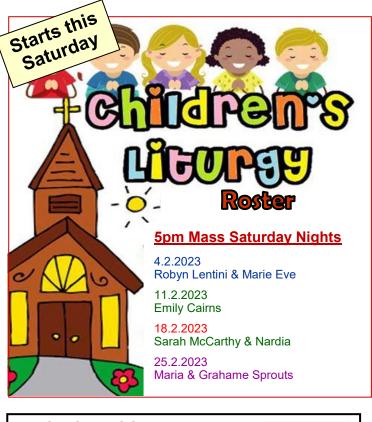
Selina Orton Bashir Merhi Celia & Alan Strong Anne Patricia Condon Selina Orton

Síck

Joseph Tesoriero Anna Smith Maura Freil Jeff Thomson Little Mateo Tracey Burn

Doreen Cullen Joshua Mc Carroll Betty Fardy Baby Theo Kim Byrne Jack Dummett

Blake O'Brien Janice John Goodwin Mary Smith Mark Debenham



BUS TO MASS

this important ministry.

The Parish bus collects parishioners for 10am Mass. If you would like to be picked up, please contact Peter Clayton via the Parish Office.

Masks are encouraged to be worn on



the bus. More bus drivers are required to go on a roster to help in



We know cruise. We know travel.



Shop 1, 17 Church Street + 61 2 4384 0400 ttacruiseandtravel.com.au Terrigal NSW 2260



Reservations www.lisledefranceterrigal.com.au